



USA Dance, Inc.

A volunteer 501(c)(3) nonprofit corporation dedicated to promoting the quality and the quantity of ballroom dance in communities all across America.



Guide to starting a School Dance Program For Youth K-12

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USA Dance, Inc.

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President@UsaDance.org

Dear Parents, School Administrators and Dance Enthusiasts:

On behalf of USA Dance I am pleased to announce the availability of a ballroom dance program for children and young people in elementary, middle and high school. USA Dance is recognized by the United States Olympic Committee and the International DanceSport Federation as the governing body for DanceSport in the United States. One of the key goals of the organization is to make ballroom dancing and DanceSport available to people of all ages, and indeed USA Dance has members ranging in age from seven to seventy located in over 150 chapters around the country.



Ballroom dancing encompasses both the smooth dances like Waltz, Tango and Foxtrot as well as Latin dances like Samba, Cha Cha and Jive. Ballroom dancing teaches balance and poise, as well as encouraging good grooming and courtesy and respect to one's partner. It gets people up and joyously moving to an exciting beat or a lilting melody, thereby providing an excellent source of exercise.

At a time when a growing number of children are obese and schools are dealing with truancy and other behavioral problems, providing a healthy physical outlet for children and young people is more important than ever. We at USA Dance believe that a ballroom dance program in your local school may be the key to guiding students toward a happier and healthier life style.

The source materials in this packet provide you with the tools you will need to start a ballroom dance program in your local school. Once you have reviewed the material, please direct any questions you may have to USA Dance at 800-447-9047 or e-mail us at: central-office@usadance.org. We stand ready to help you.

Lydia Scardina, National President 2010-2013
USA Dance



The Youth Outreach Coordinator

To get this program going, the chapter appoints a “Youth Outreach Coordinator” to serve as chairman of school programs. He/she then develops a support team from chapter members and others (parents, educators, etc.). All volunteers who will work directly with students will need to comply with school regulations and screenings regarding child safety.

- Begin collecting information about the schools and/or districts you will serve. Be sure to include public schools, private schools, Home Schools organizations and, if possible, church youth groups. Assign 1-3 schools to each committee member. They will contact each school to obtain a copy of school rules for extracurricular clubs/activities, building usage, and the names of appropriate contacts. If possible, get information on other scheduled after school programs to prevent conflicts in setting days and times. This information may be available on the school or District web site. If not, contact the school office.
- Create a list of potential dance instructors. Include professionals and qualified volunteers and determine the costs associated with the instructors. If there is a nearby college with a dance team or club, contact them for additional instructors, demonstrators, and support.
- Develop a budget plan to present to the Chapter Board of Directors, based on facility and instructional cost, as well as printing and publicity expenses.
- Begin a fund raising campaign: solicit donations from chapter members, dance related businesses, etc. Some chapters have held special dances or conducted “50-50 Raffles” to support youth programs.
- Determine which school buildings and grade levels to target. Consider the ages of the students—in some areas middle school begins at grade 5, while in others it begins at sixth grade. (National Standards for P.E. and for Music most closely relate to grades 5-8). If the school already includes a dance curriculum, be sure to get contact information on the instructor and program.
- Develop a marketing plan. Schedule a presentation for the PTO, and, if allowed, an assembly for the student body. Provide free admission to a USA Dance for interested parents and teachers. Print informational materials and make them available to school staff, parents, students, and chapter members.
- Schedule a meeting with the appropriate personnel (District Superintendent, School Principal, Activities Director and/or Head of the Physical Education Department) to discuss the program.
- Schedule a meeting for interested parents. Provide information about the program and registration forms for parents of students.

The Basics

Here are some things to consider before your program begins

Program

Plan ahead. Know what direction - lessons, social dance, etc.-- your program will take, as well as the length of time for each session, and the duration (quarter, semester, school year). Establish the grade or grades you will serve. Consider limiting age groups for social dances, at least in the beginning..

Personnel

Ask parents to volunteer as chaperones. Solicit refreshments from parents on a rotating basis.

Meeting Space

The site selected for meetings of the School Dance Club should be available at the same time every week. It will be much easier for you and the students if you have a set place and time.

The selected space should be large enough to accommodate the traveling dances (waltz, quickstep, etc). A small room could be a hindrance to lessons, especially in traveling dances. If necessary room furnishings can be moved to provide adequate clear space in the center - and returned after the class.

Although wood floors are preferable to tile, carpet or concrete, they are not essential for lessons or a dance club. You may end up competing with other sports for that wooden gym floor. Be flexible!

Music

Buy or borrow a sound system, do not depend on the school to provide this. A portable boom box or CD player can be satisfactory, provided it can be used at high volume with little distortion or "scratchiness". Try it at high volumes before you buy it. There is a huge difference between various boom boxes in the amount of distortion at high volume, so if you're not selective you may end up with a boom box that sounds horrible.

Build a CD collection. Try to avoid strict-tempo "elevator music" CDs. Many contemporary songs have a strong beat and recognizable rhythm. Good dance music can come from many sources. The professional instructor may have some favorites. Ask the students to suggest their favorite artists and songs, or try these URLs for suggestions:

<http://ballroomdancemusic.info> . <http://dancesportmusic.com/>
<http://www.proformancedj.com/download/music/ballroom.pdf>

There are lots of resources - do a web search under ballroom dance music to bring up options to check out suggestions.

Procedures for Running the Club

Remember that the purpose of the Ballroom Club is to introduce students to ballroom dance and to have fun!

To encourage participation and ownership among the students, ask them to contribute names for their club and vote for their choice.

Discuss the social etiquette and behavior expectations, and ask students to contribute their ideas. Refer to classroom rules used by the school. Create or ask students to create posters to display during club meetings.

Model and reinforce positive reinforcement to build self esteem. See page 15 for ways to say it.

If the school requires a charter or constitution for extra curricular groups, appoint a committee of students to work with the coordinator in preparing it. (see pages xx of this document for samples of each).

Students have short attention spans. Spend more time moving and less time describing moves. Change activities and partners often.

Use the terms “Leader” and “follower” to refer to traditional male/female roles, especially if there are uneven numbers of male and female participants. Change roles frequently.

Involve students in planning special programs or themes both for meetings and for public presentations.

Appoint student committees for set up and clean up. Rotate duties.

Encourage parent participation. Solicit parent volunteers to assist with: transportation, refreshments (after school is prime snack time!), chaperone duties. Invite parents to attend a Chapter dance with their students, and offer free one time admission. Ask the chapter to host a special family night with an appropriate activity like a barbeque, ice cream social, or pot luck.

Work with High School students and the class advisor and/or school activities director to include ballroom dancing in the schools Homecoming Dance and Prom.

Register students with USA Dance as Youth Social Dancers, Ask the chapter to provide scholarships if this would place a hardship on students and their families.

Donate copies of *American Dancer* to the school library. To request additional copies of the magazine, contact Linda Succi at K12Programs-Dir@usadance.org.

Most of all, remember that the purpose of the Ballroom Club is to introduce students to ballroom dance and to have fun!

Fund Raising Tips for Chapters (and for Youth Programs)

Submitted by White Sands FL Chapter #6012

Four times a year our chapter has a fundraiser. The cost of the fundraisers are \$12.00 for USA Dance members and \$15.00 for guests. After expenses, proceeds go to our youth group fund- Dancing for Education for three of the fundraisers. The Halloween fundraiser proceeds go toward a scholarship fund for youth in competitions. Each fundraiser has a theme, a potluck, silent auction and entertainment. I'll explain each component.

Themes

March: Snowbird Ball: Wear your favorite Easter Hat -- prizes awarded for best three Men and women participants. Decoration included pastel balloons, bunny candies at each table and pastel crepe paper swags.

July: Summer Sizzler: Southern Belle/Beau/ Elvis/ Rock and Roll. Members dressed up as one of the above, prizes given for top three costumes. Decorations: Cardboard images of Elvis, summer flower garlands, and candles on each table.

October: Halloween Costume Party: Dress as your favorite movie or Broadway character/star. Prizes for top three costumes. Decorations: Orange and Black Crepe paper swags, various Halloween Cats, Ghosts, etc.

December: Holiday Party/ President's Ball: Cocktail attire. Decorations of the Christmas season and when appropriate new President is inaugurated.

The music will often have some tunes that reflect the theme of the evening. Budget for prizes and decorations are around \$50.00.

Potluck

Everyone signs up to bring a dish i.e.: main dish, salad, dessert or appetizer. The Chapter provides nonalcoholic drinks and coffee. For the Christmas Party, we just did appetizers and desserts, grazing through the night.

Silent Auction

Members bring items from home (some new, some used in excellent condition -- may be jewelry, art work, spa baskets, and professional services, gift certificates from restaurants or salons or donated lessons from ballroom teachers. Items can vary, and range in price from \$20-\$100.

Entertainment

Pro/am performers that are members, dancers from other ballrooms, or students from our Dancing for Education Program provide showcases. Sometimes some other type of talent displayed from one of our members.

We also will have a President's dance or a dance performed by a talented/popular couple we call "Dancing for Dollars". As the couple is dancing, members stick money in their pockets, straps, etc. This is a fast way to raise around \$100.00 in two minutes and lots of fun for all.

These fundraisers take place in the ballroom where we meet each week, no lesson is given on those nights. The evening goes from 7:00 PM - 10:00 PM. Both set up and clean up are done by volunteers. Generally a member will chair the event. Some people will give an additional donation besides the fee at the door. Attendance at these events varies, with the average being 50+.

We usually make around \$1000.00+ each time. With a few extra donations from members throughout the year this allows up to sponsor 4-5 schools in our Dancing for Education Program.

One other successful fundraiser is when someone has a birthday/anniversary/etc party and asks for donations to Dancing for Education instead of gifts. One of our members had a birthday party and raised \$1700.00. He rented out a ballroom for the evening, invited all USA dance members and friends from other various studios, and provided a live band and refreshments.

These are the successful actions for fundraisers from the White Sands Chapter. Basically they work because our members embrace our Dancing for Education Program.

Submitted by Annie Sundeen, President of the White Sands Chapter (#6012), Sarasota, FL 1/23/09

Teaching Young Beginners: Helpful Hints!

In General

1. Start with a “non-threatening” activity such as a line dance
2. Move to a simple partner mixer
3. Assign a “home position” where they start every class
4. Explain the “NO PAIN” rule. (Physical & Emotional!!)
5. Teach that all dances have a name, rhythm and pattern and use that order to teach all dances
6. Boy always starts with LEFT FOOT and girls always start with the RIGHT (girls are always right!)
7. When calling, start with “1” (1-2-ready-go)
8. Start all new steps with boys and girls separated facing the center
 - a. walk rhythm in place without music
 - b. walk rhythm in place with music
 - c. walk the pattern without rhythm
 - d. walk the pattern with the rhythm, without music
 - e. walk the pattern with rhythm with music
 - f. stand in front of partner, dance w/o touching
 - g. link-up with partner, dance without music
 - h. dance with partner with music
9. Change partners OFTEN - almost every step.

Dance Position

Gear to age of students - an example of middle school approach might be:

Linking-up:

1. Start all dances in two-hand position - but don't call it that!
2. Teach that partners must be “linked” up to dance - like a train.
3. The boy is the engine, he moves the train. He signals the link --arms at right angle, waist high, palms facing, fingers folded in.
4. The girls connect (kachung!) palms down, c-shape
5. Practice moving back and forth being linked-up

Regular dance position - when group is ready, try dance position for waltz and foxtrot.

Landmarks:

- boy's left hand, girls's right: eye level of shortest person (upside-down rainbow)
- boy's right: girls's shoulder blade - not her waist, not her side
- girl's left: below boy's shoulder on “V” muscle (her parking lot)
- girls look over partner's right shoulder (her window)
- feet pointed at partner - not diagonal

Explain and demonstrate tone and equal resistance - no noodle arms!

75 Ways to Say “*Good Job*”

You've got it made.
You are very good at that.
You're doing a good job.
I knew you could do it.
Now you have it!
You make it look easy.
You're getting better every day.
That's the way to do it.
PERFECT!
Much better!
OUTSTANDING!
FANTASTIC!
SUPERB!
You've got that down pat!
Good thinking!
I think you've got it now.
That's really nice.
That's great!
Now you have the hang of it!
Congratulations, you got it right
GOOD WORK!
You're really working hard today.
THAT'S IT!
You are doing that much better today.
Good for you!
You did it that time!
SUPER DUPER!
Keep up the good work.
EXCELLENT!
Wonderful!
I appreciate your hard work.
You must have been practicing!
Right on!
You are really learning a lot.
SPLENDID!
MARVELOUS!
Well, look at you go!
Nice Work

You're on the right track now!
I'm happy to see you working like that.
That's the best you've ever done.
Now you've figured it out.
GREAT!
That's the right way to do it.
SENSATIONAL!
Best yet.
TERRIFIC!
You've just about mastered that!
You did that very well.
You're really improving.
Keep it up!
TREMENDOUS!
I'm very proud of you.
You figured that out fast.
CLEVER!
Way to go.
You've done a great job.
That's GOOD!
I'm proud of the way you worked today.
You've just about got it.
Congratulations! .
You're learning fast.
Couldn't have done it better myself.
That's the way!
You haven't missed a thing.
Nothing can stop you now!
FINE!
That's better than ever.
Now that's what I call a fine job!
You're doing beautifully.
You're doing fine.
You outdid yourself today!
Good going!
Good job.
DYNAMITE!

FAQs for Parents

The Ballroom Club is open to all students of [school] in [grade(s)].

This program promotes lifelong physical activity, recreation, and social skills. It encompasses one or more of the following:

- Instruction in Ballroom dances, which may include Foxtrot, Tango, Waltz, Meringue, Rumba and Swing.
- Open practice parties
- Social Dance
- Competition

Attendance

Students are asked to make every effort to attend and participate in every club meeting in order to master the dances as they are presented.

Expenses

This program is sponsored by the _____ Chapter of USA Dance, Inc. USA Dance is the national sport organization that governs DanceSport in the United States and is affiliated with the United States Olympic Committee and the International DanceSport Federation. \$10 of the student fee for participation in the dance club activities will go for a student social dance membership in USA Dance. If this presents a financial hardship for the student please contact USA Dance and let us know. This membership makes the student eligible to receive a discount on admission to any USA Dance event.

Additionally, parents are asked to contribute in one or more of the following ways:

- provide snacks and beverages for meetings
- serve as chaperones as needed
- provide transportation in the event of a “field trip”

Requirements

No special equipment or clothing is needed to participate in ballroom dance. Students should wear clothing that they can easily move in. A specific shoe is not required, although a smooth leather soles which allow the foot to slide are preferred to sneakers.

Expected Behavior

All participants are expected to demonstrate:

- Courtesy
- Respect
- Appropriate social behavior
- Good sportsmanship in competitions
- A positive attitude
- Appropriate speech
- Friendliness and politeness at all times to all persons



USA Dance, Inc.

(Chapter information here)

Sample

(date)

Dear Parent or Guardian:

Media attention has raised public awareness of what dancers already know--ballroom dance is fun, great exercise, mentally stimulating and can be enjoyed for a lifetime. Because of televised programs like *Dancing With the Stars*, and films like *Mad Hot Ballroom* and *Take the Lead*, there is growing national interest in ballroom dance both as a physical activity and as an art form. Adults across the nation are served by studios, community education classes, and dance clubs, but access for children is not always readily available.

The _____ chapter of USA Dance is offering the opportunity for students at school to experience the many physical, mental, and social benefits of dancing through an extra curricular dance program and dance club. Instruction will be provided by qualified ballroom dance instructors, following a nationally recognized syllabus, and has the support of (teacher/administrator). Costs to students are minimal, and financial assistance is available.

USA Dance is recognized as the national governing body for DanceSport in the United States by the USOC, IOC and IDSF, has over 22,000 members nationwide in 150 chapters located across the country. Members range in age from under seven to well over seventy and consist of children, youth, college students, adults and senior citizens, who are social dancers, competitors or both.

Please join us at an informational meeting on [date] [time] at [place] to learn more about this program and to enroll your student(s).

Sincerely,

Chapter President

YCN Coordinator

Sample

Registration for Ballroom Dance Club

Student Name: _____
(Last) (First)

Sex _____ Birthday _____
(month) (Day) (Year)

Address _____
(Street)

(City) (State) (Zip)

Parent or Guardian _____
(Name)

Phone _____
(Home) (Business)

_____ email _____

Emergency Contact _____
(Name)

(Phone)

I hereby give my consent for my child, _____ to participate in Ballroom Dance at [school] for either the duration of the club activity or until my student chooses to quit this activity and I hereby release and hold harmless the School district, its employees, USA Dance and [chapter of USA Dance] against any liability for any injuries my student may incur as a result of participating in the club identified above.

(Print Name)

(Signature)

(Date)

Sample Ballroom Dance Club Constitution

(School Name)

Article: 1. Objectives

Section 1: Access to ballroom dance: To create affordable opportunities for ballroom dancing and dance instruction for students, faculty and staff of the Ballroom Dance Club.

Section 2: Promotion of ballroom dance: To promote and extend the benefits of ballroom dance throughout the high school and in the surrounding community.

Article: 2. Membership

Section 1: Membership in the ballroom dance club shall be open to all students.

Section 2: All participating members of the club must:

- a. pay all appropriate fees to the club
- b. assist in the general duties and functions of the ballroom dance club

Section 3: The ballroom club's executive board shall be comprised of the president, treasurer, secretary, and a web manager

Section 4: The president of the club will be an ambassador to USA dance

Section 5: All members of the club must join the local USA dance chapter

Article: 3. Duties of the Officers

Section 1: President.

- a. Acts as a liaison for the club to the administration and USA dance
- b. Represents the club at all related events
- c. Secures practice spaces in the fall and spring for lessons
- d. Hires instructors for lessons
- e. Convenes bi-monthly meetings of the executive board to discuss the club's activities
- f. Communicates with and helps all officers as necessary
- g. Must be a current member of USA dance

Section 2: Treasurer.

- a. Responsible for the club's financial welfare
- b. Investigates and organizes team fundraisers
- c. Works closely with the other officers to plan events, setting budgets for each event
- d. Prepares typed budget for each activity and files it in a binder to track expenses
- e. Keeps accurate record of current bank account balance within the Deep Run Credit Union
- f. Must be a current member of USA dance

Section 3: Secretary.

- a. Keeps records of all club documents
- b. Manages paperwork of all current members
- c. Maintains a roster of all members with contact information
- d. Keeps attendance records

- e. Serves as a liaison between the club members and the officers
- f. Must be a current member of USA dance

Section 4: Web manager.

- a. Keeps a ballroom dance club website up-to-date with the latest events, pictures, and news
- b. Must have a basic command of HTML, web design, graphic design, and any other skills
- c. Must be a current member of USA dance

Article: 4. Selection Procedures

Section 1: Officials

- a. Officials shall be appointed by the president at a club meeting in march
- b. Impeachment- any officer may call for the impeachment of another officer. A two-third vote of the executive board is required to impeach the officer in question

Article: 5. Meetings

Section 1: Meetings of the officers will be held on a bi-monthly basis, or at the request of the President, and will be used to conduct the business of the club

Section 2: Attendance

- a. All officers are expected to attend as many club events and meetings as their academic schedules will permit
- b. Members will be encouraged to attend all meetings and lessons.
- c. The Secretary will be required to keep an attendance roster to keep track of the officers' commitment to the club.

Article: 6. Finance

Section 1: Local dues will be applied toward the general operating expenses of the club

Section 2: Special Fees

- a. Special fees may be charged for individual or group lessons and for social dances conducted by the club
- b. These fees will go into the Deep Run Credit Union awaiting the treasurers withdraw for an event preplanned by the officers
- c. The club will operate as a non-profit organization

Article: 7. Amendments to the Constitution

Section 1: Any dues-paying member of the club may propose an amendment to the constitution

Section 2: The proposed amendment must be submitted in writing to the president who will present it to the dues-paying members for consideration

Section 3: Two-thirds of the dues-paying members present at the meeting must vote to approve the amendment

Sample

BHS Ballroom Dance Team Charter

Description

This charter outlines the expectations and criteria for participation on the BHS Ballroom Dance Team. The BHS Ballroom Dance Team provides students with a physical and mental challenge while instilling respect, poise and grace. Dance standards taught are derived from the USA Dance, Dance Sport and United States Imperial Society for the Teachers of Dance syllabi. Those standards are outlined in the BHS Ballroom Dance Team Syllabus. Dance styles include, but are not limited to, Foxtrot, Waltz, Rumba, Bolero, Cha Cha, Swing, Samba and Mambo.

Students and adults are asked to abide by this agreement during their participation on the team.

Background

The BHS Ballroom Dance Team will be instructed in the dance standards for dance steps as mentioned under Description. Participants will be taught frame, timing, styling, steps and floor Craft. Practices will be held after school on Mondays and Wednesdays. Participants will be notified of changes in days and times of practice.

There will be a scheduled, social dance held once a month. These dances will be opened to the public and will serve as fundraisers for the team. Participants are not required to attend the social dances but are encouraged to do so to assist in organization, set up and clean up.

Students who feel confident in their dancing may want to participate in showcases or competitions. Those who wish to compete will be required to become a member of USA Dance which is the governing body for dance competitions in the United States.

Team Member Eligibility and Responsibilities:

- Any Bedford High School student from grade 9 through 12 may join.
- Team members must follow school rules as described in the Student-Parent Handbook.
- Members should maintain or improve upon the minimum GPA assigned by the school for participating in extra curricular activities.
- Team members should have a commitment to practices as necessary to learn new dance standards.
- Team members should be available to assist in fundraising events.
- Students and advisors should make their own arrangements for traveling to showcases and competition events when necessary.
- A student emergency medical form must be current and on file (any special medical condition should be brought to the attention of a team advisor).
- Students with out-of-school suspensions or expulsions during the current school year will be reviewed for participation. Removal from participation is possible.
- An agreement form, page 5 of this agreement, must be signed, dated and turned in.

Adult Participation Requirements as Mentors, Advisors and Chaperones

- Faculty or staff members of Bedford High School may participate.
- Parents of a Bedford High School student participating on the team as approved by the team advisors may assist and participate.
- Participants outside of the school must be approved by the team advisors.

Expected Behavior

Social Graciousness is required at all times and is the only acceptable behavior. As a team member, each student, advisor and chaperone represents The BHS Ballroom Dance Team, Bedford High School, and the Bedford community. This leadership role must be taken seriously.

Social Graciousness includes:

- Respect
- Appropriate social behavior at all times
- Good sportsmanship in competitions
- A positive attitude
- Appropriate speech
- Friendliness and politeness at all times to all persons

Card playing, dice games, radios, CD players, MP3 players and similar activities are not allowed at team meetings or events. Only free time activities may include the above.

All rules listed in the Bedford High School Student/Parent Handbook will be enforced.

Proper behavior during practices and general dances and field trips is expected.

Students who violate policy will be asked to leave or will be removed from the team.

While out-of-town for events, field trips or overnight stays students of the opposite gender are NOT PERMITTED to enter each other's room nor the rooms of other teams. There will be a NEUTRAL room provided for socialization and it will be chaperoned at all times by an advisor, coach or chaperone. During these types of events, it should be expected that there may be periods of time when it will be difficult or impossible to supervise students continuously. Students must conduct themselves accordingly during unsupervised periods.

Please see the Notice to team members and parents at the end of this agreement.

Attendance

Attendance is not a requirement, but team members are asked to make every effort to attend and participate in practices in order to become the best they can be.

Photography Release

All team members must fill out permission to videotape and photograph forms. These forms may originate from the Bedford City Schools, or an event's host organization.

Expenses

Students are responsible for their own expenses. These may include meals, incidentals and general spending money when traveling. Dance shoes and apparel will be the participants own responsibility.

Notice to Team Members and Parents

Ballroom Dancing is a sport which requires a partnership between a male and female. Dance partners are joined together in a closed or open dance position through personal contact with hands, arms, shoulders and legs.

Examples of contact among participants are:

- Male student with female student
- Female student with female student
- Male student with male student
- Male advisor/mentor with female student
- Female advisor/mentor with male student
- Male advisor/mentor with female advisor/mentor
- Male advisor/mentor with male advisor/mentor
- Female advisor/mentor with female advisor/mentor

Dance instructors and coaches may be brought in occasionally to teach styles, steps and various standards of dance. These approved instructors and coaches will be in contact with participants during the course of demonstrations, practices and social dancing.

Team members will maintain appropriate contact behavior and respect for one another when dancing with any partner at all times. Any inappropriate behavior of any type will be reviewed and may result in possible removal from the team.

Parents, students and advisors must sign an agreement acknowledging;

1. Receipt of this charter
2. A complete reading of this charter with an acceptance of all notices and terms
3. An understanding of the photography release forms
4. Specific understanding and acceptance of the personal contact notice under the heading "Notice to Team Members and Parents".

Please read and sign page 5 of this charter and return it to a BHS Ballroom Dance Team advisor to be eligible to participate.

Sample

BHS Ballroom Dance Team Participation Agreement Form

Acknowledgement:

I agree to the terms as set forth in the BHS Ballroom Dance Team Charter. I have received and read the charter and I understand the provisions set forth and explained in the charter. As used below, "participant" shall mean any individual, student, mentor, teacher, volunteer or chaperone involved in the BHS Ballroom Dance Team of Bedford, Ohio.

Consent, Release, Hold Harmless And Authorization To Reproduce Physical Likeness

I hereby grant to Bedford City Schools the right to photograph and/or videotape me during my participation in an event, whether it be on location, at school or in transit. I further grant to Bedford City Schools, forever and throughout the world, the right to use these photographs and videotapes of my likeness, voice and sounds during my participation, and to reuse or license the right to reuse such photographs and videotapes of my participation, and my name, likeness and biography, as Bedford City Schools may desire, in all media and in all forms and for all purposes, including without limitation, advertising and other promotions for Bedford City Schools, without further compensation to me or any limitation whatsoever.

Personal Contact

I understand there will be personal contact between students, between adults and between students and adults and I will not hold any participant liable for personal contact as described and outlined in the BHS Ballroom Dance Team Charter. I understand that advisors, dance instructors, mentors, parents and other adults at social dances and competitions will be in personal contact with students as required and in keeping with appropriate behavior for ballroom dancing.

Injury

The undersigned, being fully cognizant of the risks in participating in physical activities such as ballroom dancing, hereby assumes the risks of bodily injury (including, without limitation, death) and personal property damage, inherent in such participation. Except to the extent due to the gross negligence or willful misconduct of Bedford City Schools, to the fullest extent permitted by applicable laws, I hereby waive any claims or causes of action which I may now or hereafter have against Bedford City Schools arising out of my participation, and I will indemnify and hold harmless Bedford City Schools against any and all claims resulting from such participation.

Date: _____

Participant's Full Name (Printed): _____

Address: _____ City _____ State _____ Zip _____

Phone: Home _____ Work _____ Age: _____ Sex: _____

Participant's Signature: _____

For those persons under the age of eighteen (18) years: I hereby consent and agree to the above as

the Parent/Legal Guardian of _____ (minor's name),

Parent or Legal Guardian Name (Printed): _____

Parent or Legal Guardian Signature: _____